



# “Active Parenting Now”



**Location: WellCare**  
**4901 Palm Beach Blvd, Suite 80.**  
**Fort Myers, Florida 33905**

**Tuesday's - 3:00-5:00 PM**

**Dates: April 3, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> and May 1st and 8<sup>th</sup>**

Join us, meet other parents and share the joys of parenting. We'll learn from each other and celebrate the good things we do with our children.

Active Parenting will be held once a week for six weeks. Each session is two hours in length with time for breaks and snacks. The sessions are fun and supportive.

**FREE CLASS-MATERIAL PROVIDED**

To pre-register: Contact [Nita@hanleyfoundation.org](mailto:Nita@hanleyfoundation.org)

Or call 239.910.5657

Active Parenting Now offers a proven approach to raising your children. The six sessions combine video and discussion with practical advice from the author, Michael Popkin, Ph.D. In each session, you will learn about:

- What your children need to succeed
- Handling problems together
- Building a relationship with your child based on cooperation and respect
- Enhancing your child's sense of responsibility
- Understanding why children misbehave
- Communicating effectively with your child
- Stimulating your child's independence
- Understanding the power of encouragement
- Participate in lively activities and discussions